

Place	First Name	Last Name	Sex	Age Group	Bib #	Swim	T1+Bike+T2	Run Time	Final Time
<b>Individual Results</b>									
1	Brendan	O'Melveny	Male	25-29	20	0:20:59	1:02:28	0:38:52	2:02:19
2	John	McGovern	Male	45-49	48	0:21:28	1:04:54	0:42:35	2:08:57
3	Charles	Pegg	Male	45-49	46	0:19:23	1:09:17	0:47:53	2:16:33
4	Thomas	Dehaan	Male	45-49	49	0:25:52	1:09:15	0:44:07	2:19:14
5	Jack	Ryon	Male	25-29	45	0:22:43	1:10:02	0:49:27	2:22:12
6	Henry	Astor	Male	40-44	33	0:28:16	1:09:21	0:47:09	2:24:46
7	Michael	Ferrante	Male	35-39	47	0:26:11	1:12:19	0:47:09	2:25:39
8	Kevin	Feeney	Male	40-44	32	0:28:33	1:11:44	0:45:58	2:26:15
9	Darin	Conselyea	Male	40-44	26	0:21:39	1:13:09	0:52:35	2:27:23
10	alan	napack	Male	50-54	35	0:25:23	1:12:40	0:49:37	2:27:40
11	James	Demis	Male	45-49	51	0:25:45	1:16:38	0:45:49	2:28:12
12	Bill	Shashaty	Male	40-44	28	0:22:02	1:14:38	0:53:06	2:29:46
13	Elisa M	Benzoni	Female	45-49	22	0:25:05	1:18:55	0:48:04	2:32:04
14	Joseph	Sesto	Male	20-24	25	0:25:40	1:24:54	0:43:59	2:34:33
15	Kazimierz	Siemaszko	Male	45-49	9	0:28:14	1:13:49	0:53:14	2:35:17
16	Chad	Duffy	Male	30-34	1	0:25:15	1:16:57	0:54:42	2:36:54
17	Richard	Miller	Male	55-59	52	0:25:25	1:15:35	0:56:27	2:37:27
18	Danica	Novgorodoff	Female	30-34	8	0:27:42	1:20:29	0:51:39	2:39:50
19	Michael	Nielson	Male	30-34	4	0:26:01	1:20:02	0:55:37	2:41:40
20	Steven	Pressman	Male	60 Plus	39	0:29:45	1:24:41	0:51:35	2:46:01
21	Ryan	Schumacher	Male	25-29	11	0:27:35	1:24:02	0:54:30	2:46:07
22	Michele	Yasson	Female	50-54	50	0:28:01	1:19:57	0:58:20	2:46:18
23	Glenn	LaPolt	Male	40-44	41	0:21:49	1:25:41	0:59:19	2:46:49
24	Rosibez	Landau	Female	30-34	42	0:31:23	1:26:31	0:49:13	2:47:07
25	Claudia	Cummings	Female	40-44	16	0:27:11	1:26:53	0:55:36	2:49:40
26	Siobhan	Briley	Female	45-49	24	0:22:40	1:20:07	1:08:51	2:51:38
27	Rebecca	Shanker	Female	20-24	37	0:28:36	1:26:48	0:57:11	2:52:35
28	Holly	Klein	Female	35-39	14	0:29:02	1:31:34	0:52:25	2:53:01
29	Steven	Schallenkamp	Male	55-59	44	0:30:50	1:32:55	0:49:29	2:53:14
30	Alan	Shanker	Male	55-59	38	0:29:01	1:21:32	1:03:04	2:53:37
31	Mary	DeNitto	Female	60 Plus	31	0:27:18	1:27:32	1:02:17	2:57:07
32	Melissa	Gruver	Female	35-39	40	0:21:43	1:35:34	1:00:38	2:57:55
33	Cristobel	von Walstrom	Female	35-39	21	0:23:36	1:27:40	1:06:53	2:58:09
34	Connie	McGuire	Female	45-49	17	0:25:43	1:30:12	1:04:10	3:00:05

35	Nicole	Nielson	Female	30-34	5	0:27:50	1:31:56	1:03:15	3:03:01
36	Suzette	Richardson	Female	35-39	43	0:36:00	1:27:08	1:02:03	3:05:11
37	Marie	Ellenbogen	Female	35-39	6	0:38:42	1:32:47	0:55:47	3:07:16
38	Amy	VanderPloeg	Female	45-49	7	0:26:26	1:31:48	1:10:52	3:09:06
39	Laurel	Okorofsky	Female	45-49	29	0:37:12	1:33:14	1:00:03	3:10:29
40	Margaret	Pearson	Female	45-49	18	0:34:33	1:40:23	1:11:03	3:25:59
41	Roobug Ace	Mezunga	Female	35-39	10	0:39:53	1:36:50	1:25:33	3:42:16

## Age Group Results

### Overall Male:

1	Brendan	O'Melveny	Male	25-29	20	0:20:59	1:02:28	0:38:52	2:02:19
2	John	McGovern	Male	45-49	48	0:21:28	1:04:54	0:42:35	2:08:57
3	Charles	Pegg	Male	45-49	46	0:19:23	1:09:17	0:47:53	2:16:33

### Overall Female:

1	Elisa M	Benzoni	Female	45-49	22	0:25:05	1:18:55	0:48:04	2:32:04
2	Danica	Novgorodoff	Female	30-34	8	0:27:42	1:20:29	0:51:39	2:39:50
3	Michele	Yasson	Female	50-54	50	0:28:01	1:19:57	0:58:20	2:46:18

### Female: 20-24

1	Rebecca	Shanker	Female	20-24	37	0:28:36	1:26:48	0:57:11	2:52:35
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### Male: 20-24

1	Joseph	Sesto	Male	20-24	25	0:25:40	1:24:54	0:43:59	2:34:33
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### Male: 25-29

1	Jack	Ryon	Male	25-29	45	0:22:43	1:10:02	0:49:27	2:22:12
2	Ryan	Schumacher	Male	25-29	11	0:27:35	1:24:02	0:54:30	2:46:07

### Female: 30-34

1	Rosibez	Landau	Female	30-34	42	0:31:23	1:26:31	0:49:13	2:47:07
2	Nicole	Nielson	Female	30-34	5	0:27:50	1:31:56	1:03:15	3:03:01

### Male: 30-34

1	Chad	Duffy	Male	30-34	1	0:25:15	1:16:57	0:54:42	2:36:54
2	Michael	Nielson	Male	30-34	4	0:26:01	1:20:02	0:55:37	2:41:40

Female: 35-39									
1	Holly	Klein	Female	35-39	14	0:29:02	1:31:34	0:52:25	2:53:01
2	Melissa	Gruver	Female	35-39	40	0:21:43	1:35:34	1:00:38	2:57:55
3	Cristobel	von Walstrom	Female	35-39	21	0:23:36	1:27:40	1:06:53	2:58:09
4	Suzette	Richardson	Female	35-39	43	0:36:00	1:27:08	1:02:03	3:05:11
5	Marie	Ellenbogen	Female	35-39	6	0:38:42	1:32:47	0:55:47	3:07:16
6	Roobug Ace	Mezunga	Female	35-39	10	0:39:53	1:36:50	1:25:33	3:42:16
Male: 35-39									
1	Michael	Ferrante	Male	35-39	47	0:26:11	1:12:19	0:47:09	2:25:39
Female: 40-44									
1	Claudia	Cummings	Female	40-44	16	0:27:11	1:26:53	0:55:36	2:49:40
Male: 40-44									
1	Henry	Astor	Male	40-44	33	0:28:16	1:09:21	0:47:09	2:24:46
2	Kevin	Feeney	Male	40-44	32	0:28:33	1:11:44	0:45:58	2:26:15
3	Darin	Conselyea	Male	40-44	26	0:21:39	1:13:09	0:52:35	2:27:23
4	Bill	Shashaty	Male	40-44	28	0:22:02	1:14:38	0:53:06	2:29:46
5	Glenn	LaPolt	Male	40-44	41	0:21:49	1:25:41	0:59:19	2:46:49
Female: 45-49									
1	Siobhan	Briley	Female	45-49	24	0:22:40	1:20:07	1:08:51	2:51:38
2	Connie	McGuire	Female	45-49	17	0:25:43	1:30:12	1:04:10	3:00:05
3	Amy	VanderPloeg	Female	45-49	7	0:26:26	1:31:48	1:10:52	3:09:06
4	Laurel	Okorofsky	Female	45-49	29	0:37:12	1:33:14	1:00:03	3:10:29
5	Margaret	Pearson	Female	45-49	18	0:34:33	1:40:23	1:11:03	3:25:59
Male: 45-49									
1	Thomas	Dehaan	Male	45-49	49	0:25:52	1:09:15	0:44:07	2:19:14
2	James	Demis	Male	45-49	51	0:25:45	1:16:38	0:45:49	2:28:12
3	Kazimierz	Siemaszko	Male	45-49	9	0:28:14	1:13:49	0:53:14	2:35:17
Male: 50-54									
1	alan	napack	Male	50-54	35	0:25:23	1:12:40	0:49:37	2:27:40
Male: 55-59									

